

What is Prayer Walking?

Prayer walking is a method of intercessory prayer that involves walking to, around, or through a particular location while praying. Prayer walking's effectiveness lies in getting in closer proximity to the people that we are praying for. The act of walking and talking to God, in the midst of our mission field, helps us pray with better specificity and increases our burden for the individuals that we are called to reach with the gospel. In HBC's case, we'll be prayer walking certain neighborhoods or parks in proximity to each of our pilot Missional Communities.

Tips for Prayer Walking

- Be spiritually prepared.
- Divide and conquer! Teams of 3 usually work best.
- It's okay to pray with your eyes open as you pass houses, schools, playgrounds, etc. Simply carry on a conversation with God.
- It's also good at times to stop and to pray as the Holy Spirit prompts.
- Don't be afraid of silence. It's okay to walk and pray silently for a time.

Suggestions for Prayer

- Pray for God's glory to be known throughout the neighborhoods and parks.
- Pray that the individuals and families that live in the houses you pass (or the people you pass in the park) will come to know Christ as savior.
- Pray against any strongholds that might be keeping individuals from embracing Christ as Lord (materialism, unhealthy relationships, Hinduism, etc.).
- Pray that the members of HBC will be strong witnesses in the places that you're prayer walking.
- Pray that the Holy Spirit will arrange divine opportunities for gospel conversations.

How to Engage People During a Prayer Walk

Not only is prayer walking great for intercession, it's a great way to have gospel-interactions with the people you're praying for. As God grants such opportunities, approach people with boldness and initiate a conversation by asking one of the following:

"Hi my name is _____ and we are members at Hurstbourne Baptist Church. We are trying to do a better job of loving and serving our community. Are there any specific ways that we can pray for you or practically serve you?"

"Hi my name is _____ and we are members at Hurstbourne Baptist Church. We are trying to do a better job of loving and serving our community. One practical way we're trying to do this is by blessing people with prayer. If God could immediately answer one specific prayer request for you or your family, what would that request be? Do you mind if we pray for that?"